



# Scraps of Wisdom

Newsletter of the Waterloo County Quilters Guild

[www.wcquiltersguild.on.ca](http://www.wcquiltersguild.on.ca)

Volume 28, Issue

March 2012

## Program for March 21, 2012

“Scrap Quilts and Organizing Your Stash” by Elaine Theriault

Come for a new look into the old art of scrap quilts! Elaine will show us different styles of scrap quilts and give us ideas for dealing with scraps. You'll get some tips on decluttering and how to get your sewing room in order.

Our vendor this month is *Quilter's Dream* from Burlington.

### Show-and-Tell extra

Wasn't it interesting to see the variety of log cabins quilts at the special show-and-tell in January? Everyone enjoyed it! In honour of St Patrick's Day this month, we'd like to invite all of you to bring your green quilts or Irish Chain quilts, old or new, to the Guild meetings for another special show-and-tell.

### Pre-meeting Sewing Time

We have booked our Albert McCormick room for sewing time during the morning of the March Guild meeting. From 9:00-12:00 you can come with your sewing machine to work on your own projects or bring some hand-work (perhaps one of your PIGS?). At 12:00 we need to clear out so that the Guild committees can set up for the afternoon meeting. Please bring your own coffee/drink/snacks.

### April Workshop - 3D Pond Flowers Wallhanging

Our guest speaker for our April 18 meeting, Sandy Simmelink, from Burlington, will be teaching a workshop on making a 3D Pond Flower Wallhanging on Saturday April 21, 9:30 - 4:30, at Mannheim. Signups for this will begin at the March meeting. The cost will be \$30 which includes a \$15 kit fee (she is providing all necessary fabric). A sample will be available to view.

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### Reminder of Meeting Times:

1:30—3:30 (doors open @ 12:45)

7:30—9:30 (doors open @ 6:45)

### Meeting checklist:

- Your nametag/lanyard
- Show and Tell
- Smile/Memory/Alzheimer Quilts
- Zehrs tapes
- Library books/magazines

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## Demo Day Coming Soon

Planning is underway to have demos at our May meetings. If you have any ideas or would like to volunteer please sign the sheet that will be passed around at the March and April meetings or contact Trudy or Vikki.

**Trudy Dey and Vikki MacDonald**  
**Program Committee Coordinators**

Bonnie Murdoch

## **President's Message**



The days are getting visibly longer so we are on our way to Spring. I have two minds when I think of spring: I celebrate the longer days and the warmth of the sun but on the other hand, there now will be the pull of the garden which lessens the hours for quilting. Maybe I don't need to worry about this dilemma until next month because there is always the rain that will keep me in my basement quilting area and it is still officially winter by the calendar.

I was sent a link by two people on the same day. It is powerful data for my ongoing nudge for us quilters. It is found at <http://www.youtube.com/watch?v=aUaInS6HIGo>. If this link doesn't work, please take the time to call up this site on the internet.

I have noticed an on-going resolve of many quilters these last few months to use more from one's own stash (until we see the quilt stores' new bolts of material when we have to get out to seek just the right piece of fabric for borders or batting). Our two retreats in March will give you this opportunity to finish up those projects and maybe start a new one. May you meet a new quilting-friend, enjoy many un-interrupted hours of quilting, solve quilting problems together, partake in shared repasts, squeeze in a walk or two and have many laughs together. These are what I consider the highlights of quilting together at a retreat.

Back to the "using up the stash" mindset. Our speaker this month is Elaine Theriault who will help us organize our "studios" and (this is where I am always all ears) she will give us ideas for scrap quilting. Why is it there are at least three challenges in quilting: is there enough material, if not how do you solve this dilemma and then what to do with left over material? Perhaps I am simplifying the process because there usually a few more steps in-between but at least we can learn about using up our leftovers from Elaine.

Last month's quilting guest gave us a bit of a different view of a quilter. Cathy Miller sang her songs, told us quilt related stories and showed us her 15 or so quilts that went along with her songs or the time that she could devote to quilting. I saw their medium size car and I wondered where she keeps her stash!

Happy Quilting!

**Bonnie**

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## Executive Positions for 2012/2013

The time has come on our Guild calendar to start looking for new people to fill positions on the Guild Executive for next year. At this point, we are looking to find a vice president(s) who would carry on to become the president(s) for the 2013-2014 year. We are also in need of a secretary, an evening librarian, someone who is willing to take over the newsletter and 4 people for the program committee (2 of which would apprentice to lead this committee for the 2013-2014 year).

If you have interest in any of these positions we would love to hear from you. Please don't be shy.....step up and jump in!!!

If you have any questions about what would be involved in these positions, you could call either Sally Gray or Judy Pearce. There is also a description of the duties in our Guild handbook or you could call the person who is presently filling the position you are interested in.

**Sally Gray & Judy Pearce**  
**Vice Presidents**

## Mannheim Quilting Circle - March 14, 2012 9 am - 4pm

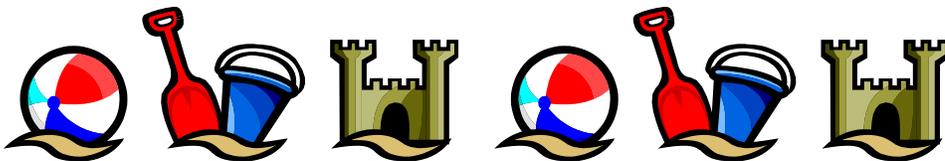
We are having "March Madness". Wear your beachwear and be eligible for a prize. It's sunny & warm in Mannheim so let's celebrate the coming Spring. Running shoes suggested for beach volleyball.

Bring your projects, lunch/snacks/beverages. Fast food is a short drive away.

Directions to Mannheim are in your handbook and a link is on our website under Community Outreach.

Your beach bums,

**Fabia Joyce and Bernice Gammy**



Your Membership Handbook is a valuable tool. Please spend some time reading through the information pages. You will find meeting dates, membership rates, newsletter policies, website information, community outreach programs, workshop information, Mannheim information, the fabric bank, the library, our bylaws and standing rules. Do not hesitate to contact your executive if you have any questions or would like to volunteer.



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## Block of the Month Draw

It's time for a new block draw. Thanks to everyone who contributed to the February draw. The batik reversing crosses were beautiful.

Once again, we are using Vikki's instructions for the block she took the mystery out of for us at the February meeting, the Arrowhead block. Please follow the instructions in this newsletter for the block size that starts with two 10 inch squares. We would like to have these done with one dark purple square and one light purple square. We will have samples to show at the March meeting and will have our draw for this block at the April meeting.

**Judy Pearce and Doreen Bone**



## From the Newsletter Desk

Do you have an item of interest for the newsletter? You can share a story, sell something, find “lost” fabric, share your stash, find a quilting buddy or carpool to a quilt show.

Contact your newsletter editor **Fabia Joyce** - email

*fabia\_steve@rogers.com*

Please note that all submissions may be subject to editing for grammar, spelling and content.

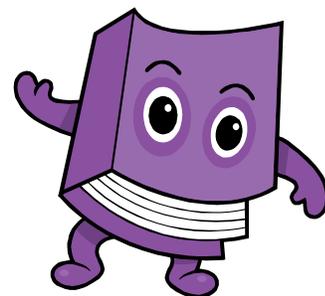
## From Your Librarians

Are you wondering just what books are available in the WCQG library? You can check out our listing online. Just go to:

<http://www.librarything.com/catalog/wcqq>

As always we welcome your suggestions for new book titles or subjects.

**Louise Heintz and Ruthanne Snider**



## Reaching Out to Guild Members

Do you know a Guild Member who is sick or has lost a loved one? The Guild sends out “Get Well/Sympathy” cards to members. Please send a note or call our vice-presidents Judy Pearce or Sally Gray who take care of this. Due to the Canadian Privacy Act, we cannot publish or announce names at Guild meetings. We rely on your information to reach out to our quilting friends.

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## 1812 Quilts

1812 + Quilts + Great Lakes Seaway Trail National Scenic Byway = International Cultural Heritage Showcase March 17 - 18 in Sackets Harbor, NY

2012 is the 200th Anniversary Year of the War of 1812. Celebrations include “Quilting Along the Great Lakes Seaway Trail”. For a complete list of events in Canada and the USA - and there are many wonderful events - please see the website:

[www.seawaytrail.com/quilting](http://www.seawaytrail.com/quilting)



National  
Quilt Day is  
March 17  
How will you  
celebrate?



## Executive Meeting March 28, 7:30pm

The executive meets to discuss Guild business in the Optimist Room at the Albert McCormick Community Centre (right next to the large room used for Guild meetings). Members are always welcome to attend an executive meeting. Meetings are the 4th Wednesday of every month.

## Memory Quilts

Thirty-one memory quilts were delivered to Grand River Hospital in February. Many thanks to all who sewed these quilts and to the five Guild members who donated supplies. There will be a few more kits available at our March meeting.

**Coordinators Doreen Bone and Janet Thomson Smith**

## Machine Quilting Tip

An extra tip when using a stitch in the ditch special foot is to leave the needle down and lift the presser foot, then put it down again before carrying on with the line of quilting when you are crossing a previous line of quilting. You may find that sometimes with this type of foot a slight pucker is forming on the crossings (intersections) and this is the way to help solve this problem.

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## Thank You

Thank you to those who donated sewing machines and sergers to Marg and Karen from Emmanuel United Church in Waterloo. They really appreciate having them available at church so they can make items and alter clothing for the needy and homeless in our community.

## Smile Bee Day - Saturday April 28, 9:30 to 3:30

Members are invited to a day of learning and community caring where quilts will be made for the Pediatric patients of Grand River Hospital. Our priority continues to be children with long term or life threatening medical challenges. The Guild will supply batting and flannelette backing for the days quilts. Just bring fabric for a top, machine and notions etc, as well a bag lunch.

Due to allergies please do not bring any 505 spray.

Sign up will be at the April afternoon meeting or by calling me (# in handbook). Even if you have not signed up and find that you are free just come. Everyone is welcome.

**Rosemary Plummer**



## Calls for Entry

- Joseph Schneider Haus “What’s in a Name” - Entry deadline Apr 20, 2012. Entry forms available at the Museum, 466 Queen St S Kitchener, ON N2G 1W7. Call 519-742-7752
- International Plowing Match - Entry deadline Jun 1, 2012. Guild members Mary Wiedner & Nita Timm have entry forms. Website: [www.ipm2012.ca](http://www.ipm2012.ca)
- Ongoing Exhibits at the Greenwood Gallery (Guelph). Currently accepting submissions from individuals or groups for monthly exhibits. They seek to maintain a relationship with the tradition of quilting while exploring new avenues in textile art. Contact Christine Whitehouse 519-822-2790. email [contact@greenwoodquiltery.com](mailto:contact@greenwoodquiltery.com)
- Cambridge Center for the Arts 2013 exhibitions. Open to visual artists and craftspeople in all media. Deadline May 11/12. Call for details 60 Dixon St. Cambridge 519-740-4681 ext 4376
- Central Manitoulin Pioneer Museum Quilt Block Contest 2012 “Pioneer Times”. Entry deadline June 1, 2012. Contact Wilda Campbell 705-377-4632. Forms on the Guild community table
- 2012 Trend - Tex Challenge “At Home in My Garden By the Sea” - Entry deadline Apr 5, 2012 details CQA website
- Moon Rain Centre for Textile Arts in the Outaouais 2013 Exhibition. Entry Deadline March 30, 2012. [www.moonrain.ca](http://www.moonrain.ca) (see website also for workshops-very interesting)

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## Sammy's Weighted Quilt

This past summer our nephew called asking if I knew anything about weighted quilts. His daughter Sammy is challenged and a weighted quilt was recommended for them to use when Sammy is having a bad day. The doctors at the CPRI (Children's Psychiatric Research Institute) in London felt that although Sammy is not autistic it could be beneficial for her to use.

At the time I did not know anything about weighted quilts. I went online and found a site about weighted blankets/quilts/vests. This is where I started. Then I started asking questions how to put this type of quilt together from everyone I knew.

Weighted quilts are used to calm autistic children when the child is upset, frustrated or having a bad day. I think that when the weighted quilt is laid onto the child it gives the child the feeling of being in the womb. The weight ratio is for every 10 lbs the child weighs, you create a 1 lb sack of plastic pellets. These sacks can be removed from the quilt to have more pellets when needed.

I had a quilt top that I had made some errors on so I decided to create Sammy's quilt with that. I had Trudy Dey quilt it for me knowing what I was trying to create. I used a good quality muslin to create the sacks since I wanted to have a sturdy cloth to hold the weight of the pellets. I made eight sacks into which 1 lb of the pellets were put into. When it came to attaching the sacks to the back of the quilt I created pockets for the sacks to slide into. I then attached the pockets to the back of the quilt.

**Sue Findlay**

## Quilt Show Judging

The result of the vote from the last meeting was 49% against judging and 51% for judging. The executive decided to forgo judging for the Quilt Show 2013 and invite everyone who indicated that judging was the reason for not entering the 2011 Show to start their projects for entry in the 2013 Show.

The Raffle Quilt process has begun again. Marilyn Farquhar and Marsha Clarke are generously offering their time and expertise to organize and develop this project. The first opportunity to participate has begun with making "selvage" strips that will be used in the Raffle Quilt(s). Instructions were distributed at the February meetings so if you didn't receive them, please contact either Marilyn or Marsha. In March, 2 pieced blocks will be introduced with kits, purchased for a nominal fee. The cost you incur will offset the cost of the quilt(s) so that we can give generously to whatever charity is decided upon. We will also be presenting an opportunity to do some applique if that is more your forte. Start thinking about the charity of your choice as you will be asked for your participation in that decision. Keep working on your 2013 entries for the Show.

**Collen Robertson & Marg Cassel**



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## WCQG Executive

2011/2012

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Doreen Bone

### *Vice Presidents*

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### *Secretary*

Joan Doke

### *Treasurer*

Cindy MacKay-Musso

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Ruth Hicks

### *Librarians*

Ruthanne Snider & Louise Heintz

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Madeline Hughes

### *Website*

Kathleen Bissett

### *Newsletter Editor*

Fabia Joyce

### *Program and Workshop Chairs*

Trudy Dey & Vikki MacDonald

### *Quilt Show 2013 Chairs*

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## On the Calendar

Sep 10, 2011 - Mar 25, 2012	<b>Building Warmth: A Log Cabin Exhibit</b> Aboyne, Ontario Wellington County Museum (Fergus) Website: <a href="http://www.wcm.on.ca">www.wcm.on.ca</a>
Mar 3 - Apr 7, 2012	In the Gallery - Greenwood Quiltery <b>Maggie Vanderweit "Allowing"</b> 275 Woolwich Street, Guelph, ON N1H 3V8 <a href="http://www.greenwoodquiltery.com">www.greenwoodquiltery.com</a>
Mar 30 - Apr 1, 2012	Etobicoke Quilters Guild presents <b>Quilt Fever 2012</b> , Neilson Park Creative Centre, 56 Neilson Drive, Etobicoke, ON <a href="http://www.etobicokequiltersguild.com">www.etobicokequiltersguild.com</a> 519-622-5294
Apr 21 - 22, 2012	Trent Valley Quilters Guild presents <b>The Fabric of Our Lives</b> , Knights of Columbus Hall, 57 Stella Drive, Trenton, ON <a href="http://www.trentvalleyquiltersguild.com">www.trentvalleyquiltersguild.com</a>
Apr 20 - 21, 2012	<b>Country Classics Quilt Show</b> Binbrook United Church, 2617 Binbrook Road, Binbrook Ontario info: 905-962-4283 or 905-692-3500 Sue Swayze
Apr 21 - 22, 2012	<b>Sunshine Quilt Show</b> Orillia Quilters Guild, Trillium Manor, 12 Grove Ave, Orillia, ON Info: <a href="http://www.orilliaquiltersguild.com">www.orilliaquiltersguild.com</a>
Apr 26 - 28, 2012	<b>Piecemakers 2012 Quilt Show</b> – Presented by Huron Perth and Stonetowne Quilt Guilds at The Pyramid Rec. Centre, 317 James Street S, St. Marys ON. Info: <a href="http://www.huronperthquiltersguild.com">www.huronperthquiltersguild.com</a>
Apr 27 - 28, 2012	<b>Creative Sewing Festival</b> International Centre, 6900 Airport Road, Mississauga, ON 1-800-291-2030 info: <a href="http://www.creativfestival.ca">www.creativfestival.ca</a>
May 1 - 5, 2012	<b>Quilts of Denmark</b> Recreation Centre, Ailsa Craig, ON <a href="http://www.ailsacraigquiltfestival.ca">www.ailsacraigquiltfestival.ca</a> 519-293-3430
May 3 - 5, 2012	Oakville Quilters Guild presents <b>Sentimental Reasons</b> , Operating Engineers Conference Centre, 2245 Speers Road, Oakville, ON web <a href="http://oakvillequiltersguild2012.blogspot.com">oakvillequiltersguild2012.blogspot.com</a>
May 4 - 5, 2012	<b>A Gathering of Quilts 2012</b> Royal City Quilters Guild, Three Willows Church, 577 Willow Road, Guelph, ON info: <a href="http://www.royalcityquiltersguild.ca">www.royalcityquiltersguild.ca</a>
May 5 - 6, 2012	Stoney Creek Quilters Guild presents <b>20th Anniversary Quilt Show</b> , St Gregory the Great Church, 125 Centennial Parkway N, Hamilton, ON contact Linda Arsenault 905-512-4719 or <a href="mailto:linsquilts@yahoo.ca">linsquilts@yahoo.ca</a>
May 24 - Jun 2, 2012	<b>Quilt Canada "Seams Like Home"</b> Halifax, Nova Scotia <a href="http://quiltcanada2012.ca">http://quiltcanada2012.ca</a>

May 22 - 26, 2012	<b>Quilt and Fibre Art Festival Waterloo Region and Beyond</b> includes various locations in St. Jacobs, Cambridge, Kitchener-Waterloo, Shakespeare, New Hamburg and Stratford for information <a href="http://www.stjacobs.com">www.stjacobs.com</a> or telephone 1-800-265-3353
May 18 - 20, 2012	3 Workshops with <u>Hollis Chatelain</u> : Quilt Line as the Third Design Aspect; Painting Images with Dyes; Quilt Line as the Third Design Aspect <a href="http://www.hollisart.com">www.hollisart.com</a> Workshops to be held at Marilyn's Quilt Studio at 4 Venus Cres, Heidelberg, ON. Cost is \$130/workshop and includes lunch. Contact Marilyn Farquhar for more info: 519-699-0255 or <a href="mailto:marilyn@providentmanagement.ca">marilyn@providentmanagement.ca</a>
May 5 - 6, 2012	<b>20th Anniversary Quilt Show</b> St Gregory the Great Church, Stoney Creek, ON, 125 Centennial Pkwy N, Hamilton, ON Contact: Linda Arsenault 905-512-4719
May 5 - 6, 2012	<b>Quilting Beyond Borders</b> Stitches From the Heart Quilt Guild, Sault College, 443 Northern Ave E, Sault Ste Marie, ON Contact: Clare Walker 705-949-9066
May 11 - 12, 2012	<b>Quilting on the Grand</b> Dunville's Own Tiny Stitchers, Dunville Memorial Arena, 275 Ramsey Drive, Dunville, ON Contact: Mindy Veldhuizen 905-899-1582
May 10 - 12, 2012	<b>Local Area Quilt Store Shop Hop</b> , The Quilt Place, Shakespeare, Ye Olde Fabric Shoppe, Stratford, Creative Sister, Kitchener, and Reichards, St Jacobs.
May 11 - 13, 2012	<b>Quilts in Bloom</b> Common Thread Quilt Guild, RA Centre, 2451 Riverside Drive, Ottawa, ON info: <a href="http://www.commonthreads.on.ca">www.commonthreads.on.ca</a>
May 24 - 26, 2012	<b>Busy Hands</b> Busy Hands Quilters Guild, 50 Dickson Street, Main Floor, Cambridge, ON Contact: Pauline Isbester 519-620-0936

## Websites for Events in Canada and the USA

Canadian Quilters' Association web [www.canadianquilter.com](http://www.canadianquilter.com)

American Quilter's Society web [www.americanquilter.com](http://www.americanquilter.com)

*I don't know why I didn't figure this out sooner. I use shampoo in the shower and when I wash my hair, the shampoo runs down my whole body. Well, printed very clearly on the shampoo label is this warning, "For Extra Volume and Body." No wonder I have been gaining weight!*

*I have gotten rid of that shampoo and I am going to start showering with Dawn dish soap instead. That label reads, "Dissolves fat that is otherwise difficult to remove."*

